

FLOWER CHILD

Tyson's Restaurant Week 2020

OCTOBER 12-18, 2020

\$35++ for two: includes tea, lemonade, local beer, or sangria for two
50% off all bottles of wine. Menu available daily for dine-in and to-go

SHARE A STARTER

DAILY SOUP

SIMPLE HUMMUS peppadew, olive, lemon & oregano ①

AVOCADO HUMMUS sweet corn, radish, clementine & pumpkin seed ①

PICK 2 ENTRÉES

FLYING AVOCADO WRAP smoked turkey, gouda, romaine, tomato, smashed avocado

KALE SALAD WITH ALL NATURAL CHICKEN pink grapefruit, organic apple, black currant, smoked almond, white cheddar, apple cider vinaigrette ☒

VEGAN ARTICHOKE SALAD WITH ORGANIC TOFU arugula, romaine, avocado, sweet corn, shaved radish, sunflower seed, dill, lemon tahini vinaigrette ① ☒

STEAK PLATE* smashed gold potato and roasted broccoli

SALMON PLATE* red chili glazed sweet potato and sweet corn & quinoa ☒

GLOW BOWL spicy sweet potato noodle, bok choy, zucchini, onion, jalapeño, shiitake mushroom, coconut milk, sunflower butter ① ☒

MOTHER EARTH BOWL ancient grains, sweet potato, portobello mushroom, avocado, cucumber, broccoli pesto, charred onion, leafy greens, red pepper miso vinaigrette, hemp seed ①

DESSERT

Includes 2 Gluten Free Chocolate Chip Cookies ① ☒

① VEGAN ☒ GLUTEN-FREE

++Tax & Gratuity not included

*These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

